

LESSON OUTLINE

(1) GENERAL

SCHOOL	School of Health and Care Sciences		
DEPARTMENT	Department of Biomedical Sciences, (Direction of Aesthetics and Cosmetology)		
LEVEL OF EDUCATION	UNDERGRADUATE		
LESSON CODE	5051-5052	EDUCATION SEMESTER	5th
LESSON TITLE	MAKE UP – PERMANENT MAKE UP		
INDEPENDENT TEACHING ACTIVITIES		WEEKLY TEACHING HOURS	CREDIT UNITS
Theoretical And Laboratory lesson		6 (4 THEORY +2 LABORATORY LESSON)	7
LESSON TYPE	SC		
PREREQUISITE COURSES:			
TEACHING LANGUAGE AND EVALUATION:	GREEK		
ERASMUS STUDENTS LESSO	YES		
WEBSITE (URL)			

(2) LEARNING OUTCOMES

Learning Outcomes
<p>Comprehension of facial architecture from students in order to be capable to apply make up techniques for deformities coverage and peculiarities correction.</p> <p>Comprehension of colour meaning, chromatology rules and lightening part in make up application.</p> <p>Comprehension of airbrush techniques application.</p> <p>Being capable to apply make-up techniques according to every case and for every circumstances.</p> <p>Understand classical and modern styles of characters from oldest times and folklore theatrical performances in every continent and every tribe.</p> <p>Comprehension of peculiarities of human characteristics for tribal make up.</p> <p>Apply contouring with prosthetics combination for actor's transformations and distortions.</p> <p>Student comprehension for paramedical tattoo and permanent make up (PMU) in oncological and non-oncological patients.</p> <p>To get acquainted with the material and technical infrastructure of the method and the ways of its application. To be informed about its indications and contraindications.</p> <p>To be able to apply medical permanent make up to correct skin problems such as scars and discoloration.</p> <p>Be able to apply permanent make up- scalp micropigmentation to treat skin conditions such as</p>

<p>alopecia. Be able to apply camouflage make up for corrective applications. Be able to apply dry needling and microblading. Be familiar with permanent make up removal techniques such as chemical use methods, laser picosecond methods etc. To develop skills of camouflage, make up application on skin diseases (vitiligo-psoriasis-burn, etc.) and to use these methods in paramedical corrective applications.</p>
<p>General Abilities</p>
<p>Autonomous work Teamwork Working in an international environment Work in an interdisciplinary environment</p>

(3) COURSE CONTENT

<p><u>Theoretical part</u></p> <ol style="list-style-type: none"> 1. Make up distinction. Study of facial characteristics. Interventions, peculiarities correction. 2. Lighting and study of colors. 3. Face and body make up applications with airbrush use. 4. Case-by-case make up applications according to the technological developments of make up sectors. 5. Styles of theatrical make up across the continents & through the centuries. 6. Make up application of classical - modern ballet, modern theater, television and cinema. 7. Types, composition of special effects. Use, installation, and removal of special effect materials. 8. Side effects from special effects and paints. Protection against occupational hazards. 9. Application of paramedical permanent make up in oncological and non-oncological patients. 10. Material and technical infrastructure of the method - ways of application - indications-contraindications. 11. Paramedical permanent make up (PMU) to correct skin problems such as scars and discoloration. 12. Paramedical permanent make up (PMU) for the treatment of skin conditions such as alopecia. 13. Methods for removing unwanted tattoos (chemical methods, picosecond, etc.) 14. Medical permanent make up (PMU) to restore the nipple/areola after mastectomy. 15. Camouflage make up on skin diseases (vitiligo-psoriasis-burn, etc.) and use these methods in paramedical corrective applications. <p><u>Laboratory part</u></p> <ol style="list-style-type: none"> 1. Study of facial architecture. Implementation of interventions, correction of peculiarities. Application and study of make up colors. 2. Face and body make up with airbrush use. 3. Case by case make up application, according to the technological developments of make up sectors. 4. Application of representative theatrical chirping techniques across continents & across the centuries. 5. Application of classical - modern ballet make up, modern theater, television and cinema make up.
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6. Application of paramedical permanent make up (PMU) in oncological and non-oncological patients.
7. Material and technical infrastructure of the method - method of application - indications- contra indications.
8. Application of paramedical permanent make up to correct skin problems such as scars and discolorations.
9. Application of paramedical permanent make up (PMU)/micropigmentation for the treatment of skin conditions such as alopecia.
10. Application of methods for removing unwanted tattoos (chemical methods, laser removal with picosecond lasers, etc.)
11. Medical permanent make up (PMU) application to restore the areola after mastectomy.
12. Use of camouflage make up on skin diseases (vitiligo-psoriasis-burn, etc.) and use these methods in paramedical corrective applications.

(4) TEACHING AND LEARNING METHODS - EVALUATION

ACCOMPLISHMENT METHOD	Face to face	
USE OF INFORMATION AND COMMUNICATION TECHNOLOGIES	<ul style="list-style-type: none"> • Use of Computer Supported Collaborative Learning in teaching methods. • Use of email and website of the Department for student information. • Use of e-class for posting slides, scientific articles, useful links, questions-answers, exercises, etc. Use of ICT in teaching. <p>Use of the e-mail and the website of the Department for informing the students.</p> <p>Use of the e-class for posting slides, scientific articles, useful links, questions-answers, exercises, etc.</p>	
TEACHING ORGANIZATION	Activity	Semester Workload
	Lectures	
	Laboratory Exercises	
	Group, autonomous laboratory work	
	Independent study - Preparation of a study	
	Visits to places of application of advanced techniques applied in the course	
	Course Set	174
STUDENT EVALUATION	EVALUATION METHODS THEORETICAL PART: 50% Written Assessment (Multiple Choice Test, Short Answer Questions) 50% Public Presentation of Work	

	<p>LABORATORY PART:</p> <p>100% Written evaluation</p>
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(5) REFERENCES - BIBLIOGRAFY

<p>Greek</p>	<ul style="list-style-type: none"> - "Facial and body make up technique" - Τεχνική ψιμυθίωσης προσώπου και σώματος, Δικαιούλια Ελένη, ΕΚΔΟΣΕΙΣ ΠΑΠΑΖΗΣΗ ΑΕΒΕ, 2008 - "Performing arts makeup" Μακιγιάζ παραστατικών τεχνών, Α. Τσιγώνια, Ε. Μικελάτου, εκδόσεις Δεσμός, Αθήνα 2010 Ξανθάκης Σπυρίδων, Μόνιμο μακιγιάζ, Εκδόσεις Καυκάς, 2009
<p>Foreign</p>	<ul style="list-style-type: none"> - Paramedical micropigmentation Plastic Surgery, 5rd Edition, Brown & Co. Boston 2014 - The Ultimate Guide to looking and feeling great while living with cancer, Ramy Gafni 's, 2005. - The Oxford Illustrated History of Theatre, Volume 2, John Russell Brown, Oxford University Press 2017 - The Oxford Illustrated History of Theatre, Volume 1, John Russell Brown, Oxford University Press 2016 - Hoffmann, H., Gilbert, M. και A. Ortega, Micropigmentation Technology, Methology and practice, Ισπανία, Videocinco. 2015 - Christa de Cuyper, Maria Luisa Cotapos, Dermatologic Complications with Body Art, Springer Science & Business Media, 2009 - Maine. Bureau of Health, Rules Relating to Micropigmentation Practitioners - C. William, MD. Crab, W. James, MD. Smith, Plastic Surgery, 3rd Edition, Brown & Co. Boston 2014 - Jannice Hopkins Tanne, Body Art: Marks of Identity, American Museum of Natural History, NY, 2012